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Nurtural Bitless Bridle™ FITTING & FIRST USE

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Please read this booklet completely for important information to help you:

- o Put the Nurtural Bridle™ on for the first time
- o Fit the Nurtural Bridle™ properly on your horse
- o Start riding!

As with most pieces of equestrian equipment, the Nurtural Bitless Bridle™ works best when it is fitted correctly, and when you and your horse take some time to understand how it works.

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Putting the bridle on for the *first* time



1. Your Nurtural bridle arrives with all the buckles fastened about the mid position.



2. Grasp the Circle-X and pull both rein straps back through it, moving the Circle-X closer to the noseband.



3. Now open the buckle on the noseband, and the buckle connecting the rein strap to the crownpiece on one side.

This gives you lots of slack to slip the bridle onto the horse.



4. Now you can easily slip the Nurtural Bitless Bridle™ onto your horse's head, and begin the adjustments to perfectly fit your horse, as shown on the next page.

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Fitting the Nurtural Bitless Bridle™

When properly fitted, the Nurtural Bridle forms a cradle around your horse's head.



When your reins are loose, there should be no pressure anywhere on the horse's head.

1. Adjust the opened noseband so it fits just on the hard part of the horse's nose [1]. Open the cheekpiece buckles [2] to adjust the position, then fasten them and do up the noseband buckle (at least one finger loose).
2. Pull the rein straps [3] through the Circle-X [4] so the rein strap rings [5] extend 2-3 inches beyond the noseband rings [6]. Fasten the rein strap buckle(s) [7].
3. Pull the rein straps [3] back or forth through the Circle-X [4] so they cross the fattest part of your horse's cheeks. With all this pulling, make sure the Circle-X [4] sits comfortably – centrally under the jawbone.

Leave some comfort room

With loose reins you should be able to slide a finger:

- between the noseband and nose
- between the rein straps and cheeks
- between the Circle-X and jaw

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How the Nurtural Bitless Bridle™ works

The Nurtural Bitless BRIDLE™ is the only bitless bridle with a Circle-X™ under the jaw, gripping on the noseband and rein straps with enough adjustment to allow you to



attach your reins almost as you would with a bit. Using this bridle is intuitive to both horse and rider.

As you apply or release pressure on each rein, the Nurtural Bitless Bridle™ transfers that pressure to 4 points on your horse's head:

1. The nose
2. Under the jaw
3. The side of the cheek
4. The Poll

To turn, as with a regular bridle, close your hand with a gentle squeeze on the rein. This puts pressure on the noseband and then the Circle-X under the jaw, which in turn applies pressure to the opposite cheek and poll. (If your horse is not that well trained, you can also pull its head right around to your knee.)

To slow or stop, close your hands applying a gentle squeezing pressure on both reins. (If necessary, pull harder, or put the horse into tight circles.)

Use as little pressure as possible, but as much as necessary